

Summit Pacific Hosting Free Peak Health Wellness Fair and 5k Sept. 16th

All are invited to attend these free events taking place at Summit Pacific Wellness Center



(ELMA, WA) – Summit Pacific will be hosting the annual Peak Health Wellness Fair at the Wellness Center Saturday, Sept. 16th from 10 a.m. to 2 p.m. This event is free for the public and will feature more than thirty exhibitors, health screenings, giveaways and more. Some event highlights include a children’s bike rodeo, free bike helmets, free vision exams and blood pressure checks, and a chance to blend your own smoothie on our blender bike!

Dr. Hugh Nymeyer, a board-certified dermatologist who practices at Olympic Dermatology and Laser Clinic in Olympia, Washington, will be offering free skin cancer screenings during the Peak Health Wellness Fair. Screenings are open to everyone; however, you must pre-register by calling 360-346-2297. Appointments will be available until all time slots are filled.

To schedule an appointment or to learn more information, contact Ashleigh Gleeson, Events and Community Programs Coordinator for Summit Pacific Medical Center at 360-346-2297. More information about Dr. Nymeyer and Olympic Dermatology and Laser Clinic can be found at olympicdermatology.com.

Peak Health 5k Family Fun Run & Walk

Prior to the Wellness Fair, there will be a 5k with check-in starting at 8:30 a.m. All levels of runners and walkers are welcome to join the route from the Wellness Center parking lot to go on an easygoing trek through Elma. Free registration is available online summitpacificmedicalcenter.org or by calling Ashleigh Gleeson, Events and Community Programs Coordinator, at 360-346-2297.

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specialty services. Summit Pacific's vision is "Through Summit Care, we will build the healthiest community in the Nation." To learn more about Summit Pacific, visit www.summitpacificmedicalcenter.org.