



Summit Pacific Hosting Free Community Education Event Wednesday, Dec. 15

Family Traditions and Societal Expectations, Presented by Dr. Justin Taylor, ND and Beth Hindbaugh, RN

(ELMA, WA) – Join us on Facebook live, Dec. 15, at 5:30 p.m. for a discussion on family traditions and societal expectations. Summit Pacific’s Primary Care Provider, Dr. Justin Taylor, ND will be joined by Beth Hindbaugh, RN to talk about family traditions and the impact of various societal expectations that are placed upon us this time of year. They will finish the talk by offering tools to maintain happiness through the holiday season and into next year.

Dr. Justin Taylor has been offering his expertise as a naturopathic physician to care for patients in Grays Harbor since 2017. Before coming to Summit Pacific, Dr. Taylor provided healthcare in Arizona where his integrative family medicine healthcare model was awarded the “Most Outstanding Health Organization.”

Beth Hindbaugh, RN is the Lead RN in Summit Pacific’s Medication Assisted Treatment Clinic and has been providing care and working in substance use disorder for over 13 years.

SPMC hosts a series of free Community Education Events the second Tuesday of each month. Please visit www.summitpacificmedicalcenter.org or find Summit Pacific on Facebook to view upcoming events.

####

Summit Pacific’s vision is “Through Summit Care, we will build the healthiest community in the Nation.” We passionately provide essential healthcare to all individuals of our community with an emphasis on quality, access and compassion. Summit Pacific operates a Level IV Critical Access Hospital with 24-hour emergency services, rural healthcare clinics, an urgent care clinic and offers physical and occupational therapy, laboratory services, diagnostic imaging, a swing bed program and more. To learn more about Summit Pacific, visit www.sp-mc.org.