



FOR IMMEDIATE RELEASE

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Summit Pacific Hosting Free Community Education Event Tuesday, February 9

Optimizing Your Heart Health with Dr. Nicole Taylor

(ELMA, WA) – Join us for a virtual Community Education Event Tuesday, February 9 at 5:30 p.m. via [Facebook live](#). Dr. Nicole Taylor, naturopathic primary care provider at Summit Pacific will be presenting on heart health in honor of American Heart Month.

Key discussion points include how women differ from men in relationship to heart health, the major risk factors affecting heart health and how can we easily decrease our risk.

SPMC hosts a series of free Community Education Events on the second Tuesday of each month. Please visit www.summitpacificmedicalcenter.org or find Summit Pacific on Facebook to view upcoming events.

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Summit Pacific's vision is "Through Summit Care, we will build the healthiest community in the Nation." We passionately provide essential healthcare to all individuals of our community with an emphasis on quality, access and compassion. Summit Pacific operates a Level IV Critical Access Hospital with 24-hour emergency services, rural healthcare clinics, an urgent care clinic and offers physical and occupational therapy, laboratory services, diagnostic imaging, a swing bed program and more. To learn more about Summit Pacific, visit www.sp-mc.org.