• Healthcare in McCleary Making a Move
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Healthcare in McCleary Making a Move

February 17, 2013 was a monumental day for East Grays Harbor. That Sunday at noon, Grays Harbor Public Hospital District No. 1 opened the doors to Summit Pacific Medical Center and began operations. That same Sunday, Mark Reed Hospital closed the doors to their Emergency Department and hospital services, leaving behind Mark Reed Healthcare Clinic which has been operating out of the facility since the early 1990s.

Since the move to Elma, SPMC has grown immensely in both the number of employees and the services provided to the community. While much has changed, SPMC’s continued focus on patient centered care has remained the same.

Because of this, Grays Harbor Public Hospital District No. 1 will be making another big move in the near future. Just over two years after the new hospital opened in Elma, plans were finalized to build a replacement clinic in McCleary.

The new 6,000 square foot healthcare clinic will be able to house up to six providers. The new downtown location, where the old Sterling Savings Bank was located, will be more convenient as it is located near public transportation and major freeway systems, providing ease of access for patients as well as vendors and employees.

SPMC’s Renee Jensen, CEO spoke at the groundbreaking ceremony. She said, “Nothing says commitment more than signing a 20 year lease for the building that is about to be constructed right here on this ground. The new medical clinic will be home for at least four medical providers and 20 support staff with room to grow. We estimate the clinic will be serving and touching 400 lives per week or 3200 lives per year. The new clinic will allow us to have new medical equipment, a comfortable setting to better serve our community and the ability to attract and retain the very best medical providers.”

Since the groundbreaking ceremony on July 13, the lot has been cleared of all structures to allow development of the land and facility. Work will continue in the months ahead with the targeted opening of the new clinic being within the first quarter of 2016. Look to our Facebook page for progress updates!

Parking Expansion Completed

Construction took place in July to allot for 52 additional parking spaces at SPMC in both the main and ED parking lots. With how much SPMC is growing, the parking spaces were a necessity for patient convenience.
Summit Pacific Medical Center offers access to the Patient Portal as a courtesy to our patients. A Patient Portal is a secure online website that gives you convenient 24-hour access to your personal health information and medical records—called an Electronic Health Record or EHR—from anywhere with an Internet connection.

This service is intended to give our patients the ability to electronically access certain parts of their health information including lab results, radiology reports, allergies, medications, past medical history and upcoming appointments, through a secure website. Certain results of a sensitive nature may not be viewable in the portal.

“This is a fantastic resource that empowers patients to manage and monitor their family’s health and wellness,” explains Renee Smith, Director of Rural Health Clinics.

“Our full transition to an electronic medical record allowed us the opportunity to offer this service to our patients. It’s easy to use, free of charge and completely secure.”

Accessing your personal medical records through the Patient Portal can help you be more actively involved in your healthcare. The Patient Portal also offers non-urgent communication with providers’ offices via secure messaging.

If you are interested in the convenience of the Patient Portal, you may request to be registered in person through registration or provider offices. Simply provide your clinic registration staff with your email address. They will then email you the patient portal registration link that you can follow to create a login.

Call 360-346-2222 for more information on how to get started!

Summit Pacific Medical Center is partnering with Elma High School to provide artwork for our facility! The new artwork, which will be printed on canvas with the student’s names, will be placed in various conference rooms, patient rooms and other areas suggested by staff!

2016 Celebrity Golf Tournament, May 6th at Salish Cliffs Golf Club

Don’t miss next year’s Celebrity Golf Tournament! Each year more and more golfers are attending so be sure to get your registration in early. Bid on a variety of silent auction package, purchase tickets for great raffle prizes and participate in course games. Afterwards, relax and enjoy a fun barbeque with your team as all of the team awards and prizes are announced!

For more information on registering for this event and/or sponsorships, contact Lauren Day at 360-346-2250 or LaurenD@sp-mc.org.
Low Cost Sports Physicals Provided to Raise Money for Scholarship Fund
Dr. Shawn Andrews and her team of volunteers work together to provide local area students with low cost sports physicals throughout the year. The physicals cost fifteen dollars and all proceeds benefit the Mitch Cohen Memorial Scholarship. The most recent round of physicals took place Thursday, August 13, 39 students utilized the service and more than ten SPMC employees volunteered! The next round of physicals are scheduled for Tuesday, June 7, 2016 from 4-6 p.m. in the Elma High School Gym.

Urgent Care Clinic Open 7 Days A Week
In July our Urgent Care Clinic began operating 7 days a week! Summit Pacific Medical Center realizes the need for walk in care is high.

Our new hours are Monday thru Friday from 12 p.m. to 8 p.m. Saturday and Sunday from 10 a.m. to 6 p.m.

SPMC Employees Responsible for $5,400 in Awarded Scholarships
Thanks to the generous nature of several employees at Summit Pacific Medical Center, local area high school seniors received a total of $5,400 in scholarships from Summit Pacific to use for college tuition this fall.

The Employees’ Scholarship Fund is a long standing tradition of the hospital district. The fund assists local students in obtaining further education in healthcare fields. This fund is strictly supported by donations from district employees. Over the life of this scholarship program, more than $45,000 dollars have been awarded out to local high school seniors. This year, Employees’ Scholarship Committee granted three $1,000 scholarships.

The Mitch Cohen Memorial Scholarship Fund is supported from money raised by Dr. Shawn Andrews and volunteer staff who perform low cost sports physicals to local high school and junior high school students. Each year, Dr. Andrews gathers a new group of volunteer staff to go to different area schools to do the physicals. 100% of the small fee collected goes into the Mitch Cohen Memorial Scholarship Fund. The scholarship is awarded in honor of Dr. Cohen’s generosity and love for this community.

A new scholarship was awarded this year, the Jennifer Macke Memorial Scholarship, was given in honor of Dr. Edward Macke’s late wife. Dr. Macke retired in April from Dr. Macke came to McCleary in 1977 through the National Health Service Corps with a commitment to stay two years. He retired in April after serving the community and caring for patients for 38 years in McCleary.

For more information or to download the scholarship applications, visit our website at www.summitpacificmedicalcenter.org – donate and volunteer page.

Chef Brandon Smith enrolled Summit Pacific Medical Center in one of the Healthier Hospitals Initiative’s food challenges! We will be tracking our commitment to using local and sustainable foods. If you visit Café Salute Brandon and his staff will likely be able to tell you where your food is from, they also have a variety of fun produce!
Summit Pacific Anticoagulation Clinic Available for Patients

Summit Pacific Medical Center is offering patients a quick, easily accessible way to manage their risk of blood clots. The service is available by appointment to patients of Summit Pacific Medical Center's providers, which encompasses patients of the medical center, Elma Family Medicine, Mark Reed Healthcare Clinic and Summit Pacific Healthcare Clinic.

Many people suffer from a heightened risk of blood clotting. There are several conditions that increase risk such as deep vein thrombosis, pulmonary embolism, artificial heart valves, atrial fibrillation, irregular heartbeat, history of stroke or heart attack or the presence of one or more additional disorders.

Since many medications, conditions and foods can change how fast or slow an individual’s blood clots, it is important to monitor with frequent blood tests. One of the numerous benefits of the anticoagulation clinic is being able to get face to face with the patients to explain their dosages and why the dosage has changed. SPMC's anticoagulation nurse Srokly Prom, RN said “When we get face to face there is less confusion for the patients, they're more comfortable with their dose changing and so are we.”

Prior to leaving the office, the patient is provided with written instructions about what was discussed during the visit, and when to return for future testing. If a patient’s blood seems stable they can wait up to 4 weeks to come back for a medication adjustment. If the patient isn't stable they could visit the clinic every four to seven days.

Patients can expect the initial visit to be around 40 minutes and follow up visits to be 10 to 20 minutes long. During the appointment a bleeding risk assessment is conducted, education is provided, and adjustment of medicine dosing, if necessary, is determined.

The clinic offers a finger stick method as well as blood draws for the testing. “Most people want the finger stick method because it is so fast but some patients prefer to have their blood drawn at our lab and they are welcome to do that.” She also said, “If the test comes back too high I will draw their blood and send it to the lab for further testing.”

As of right now the clinic manages two anticoagulant medications and is working with representatives of other companies to increase their reach of managed medications. They also hope to open the clinic to patients outside of the medical center in the future.

Summit Pacific Healthcare Clinic, Mark Reed Healthcare Clinic & Elma Family Medicine are all accepting new patients, including patients insured by Medicare. Call 360-346-2222 to schedule an appointment at the clinic of your choice.

Free Peak Health Wellness Fair Returns this Year!

Summit Pacific Medical Center is bringing back Grays Harbor’s Health Fair, it has been renamed the Peak Health Wellness Fair as it is more inclusive of total health. This event is FREE for the public and will feature a wide range of wellness topics, vendors with interactive booths and door prizes.

Fairgoers will enjoy vision screening, hearing exams, reflexology, diabetes screening, massage, glucose and lipid lab tests blood pressure readings, acupuncture, chiropractic, dental and cholesterol screening!

Please remember to come fasting if you wish to have any blood drawn for lab work! Come meet Smokey the Bear and Sparky the fire dog, tour an ambulance or watch a medical helicopter land, enter to win door prizes and other perks.

PEAK HEALTH WELLNESS FAIR

Celebrate wellness!

October 17, 2015
Grays Harbor County Fairgrounds
In the Pavilion Meeting Room
From 9 a.m.—2 p.m.

Come fasting if you plan to have bloodwork done!